CF1
CHEER FORCE ONE
2023-2024 ALL STAR PACKET

Welcome to Season 18!

We're Heating Up!

Thank you for your interest in the Cheer Force One All Star Program! All Stars is a great experience full of life lessons to be learned, friendships to be made, and so much more. We are excited to be entering our 18th season and look forward to having you join us!

For those returning, welcome back! For those who are new to All Stars, we know it can be a bit overwhelming. This packet is designed to outline the program including commitment, cost, and general information about All Stars. Here are the steps you need to take to join us as we set the world ablaze this year!

Review the All Star Packet and Attend Parent Meeting → **Schedule Evaluation via Parent Portal** → **Turn in Completed Packet at Evaluation**

Parent Meeting Options:

Monday, May 8 & 15 @ 5pm
Tuesday, May 9 & 16 @ 7pm
Wednesday, May 10 & 17 @ 6pm

Parent meetings are required for all interested members (new or returning). Meetings typically last between 45 minutes to an hour and includes an opportunity for parents to ask questions.

CONTACT THE ALL STAR DIRECTOR:

ALL STAR DIRECTOR
Tara Mansfield
tara@cheerforceone.com
Gym: 228.219.4444

What is All Stars?

All Stars is a competitive cheerleading program where teams from gyms perform and compete against teams from other gyms. Each season we form teams to compete locally, regionally, and even nationally. The All Star program trains more than just the individual. By working as a team, individuals learn about teamwork, sportsmanship, leadership, time management, commitment, and many life lessons they will carry with them through school and into future careers and relationships.

All Stars is an opportunity for each child to open up, be themself, and learn in the process. When a child is confronted with an obstacle, whether internally or externally, coaches are there to guide them and help problem solve. The individuals who gain the most from the All Star experience are those whose parents encourage their child to work through situations and discuss concerns with a coach.

Team Placement

Teams are formed after Team Evaluations in late May. We utilize the current seasons division standards based on age and skill level to create teams we feel will be competitive for the season. Most All Stars fit into more than one age division (Tiny, Mini, Youth, Junior, Senior). Each All Stars' level is based on their skills evaluation at the gym.

In addition to age and tumbling ability, each team must be able to form stunt groups to be successful. Team composition also plays a role in team formation. The process of forming teams is a tedious process with many scenarios considered. In some instances, individual All Stars may be moved to a different team after placements. In all cases, decisions are made based on the best interest of the program, team, and All Star.

Age Divisions

Birth Year	Age Division
2016-2018	Tiny
2014-2018	Mini
2011-2018	Youth
2007-2017	Junior
6/1/2004-2011	Senior

Being on the oldest possible team is not considered "leveling up". The best fit for each child is to compete with/against their peers.

Skill Levels

Evaluations prior to team placements are mainly focused on tumbling abilities. To maximize a scoresheet and be competitive, teams must have a large percentage of the team performing Elite Level Appropriate tumbling skills with very strong technique.

Each All Star is evaluated prior to Team Placement for tumbling ability. Skills are evaluated based on competition-readiness. Although skill level is a large part of team placement, it is not the only factor. Team placement is based on creating competitive teams across the program. The following chart includes examples of Level Appropriate and Elite Level Appropriate skills for each level.

Level 1	Level Appropriate		
	Forward Roll	Backward Roll	Handstand
	Backbend Kickover	Back Walkover	Front Limber
	Front Walkkover	Cartwheel	Roundoff
	Elite Level Appropriate		
	Cartwheel-BWO	BWO-BWO (no pause)	FWO-CW-BWO Switch Leg
Level 2	Level Appropriate		
	Back Handspring	Back Handspring Step Out	Cartwheel Back Handspring
	Front Handspring	Fly Spring	Roundoff Back Handspring
	Elite Level Appropriate		
	BWO-BHS Step Out	Back Extension Roll-BHS	FWO-RO-BHS Series Step Out
Level 3	Level Appropriate		
	BWO-BHS Series	Toe Touch BHS	Punch Front
	Roundoff Tuck	Roundoff BHS Tuck	Roundoff BHS Series Tuck
	Elite Level Appropriate		
	BHS Step Out-BWO-BHS	FWO RO BHS Back Tuck	Flyspring RO BHS Back Tuck
Level 4	Level Appropriate		
	BHS Series Back Tuck	BHS Back Tuck	Cartwheel Back Tuck
	Roundoff BHS Layout	PF Step Out RO BHS Back Tuck	Back Tuck
	Elite Level Appropriate		
	BWO-Tuck	PF Step Out RO BHS Layout	FHS Step Out RO BHS Whip Layout
Level 5	Level Appropriate		
	BHS BT BHS BT	BHS Whip BHS Tuck	BHS Series Layout
	RO BHS Full	FWO RO BHS Series Full	RO Arabian
	Elite Level Appropriate		
	Toe Touch Back Tuck	BHS Series Whip Layout	PF Step Out RO BHS Full
Level 6	Level Appropriate		
	Toe Touch Back Tuck	BHS Series Full	Cartwheel Full
	PF Step Out RO thru to Full	Front Aerial thru to Full	RO BHS Whip thru to Full
	Elite Level Appropriate		
	Toe Touch BHS Full	Standing Full	RO BHS Double Full

Practices

Each All Star has two mandatory weekly practices. Team practice length and frequency varies based on team. During the Team Placement process, the team type (Elite/Prep) is decided based on individual experience and team dynamic.

	Youth, Junior, Senior Teams	Tiny, Mini Teams
Weekly Practices	2x	2x
Length of Practices	2 hours	1 hour

Proper attire should be worn at every practice. As required practicewear is distributed, a schedule is distributed of when to wear which items. We rely on parents to help keep participants on top of required apparel. No different than wearing the proper attire to work, this is a valuable life lesson.

Every practice is mandatory. There are not "excused" or "unexcused" absences from practice. It is important for each family to communicate any foreseen conflicts as soon as they are known. Any last-minute illness should be communicated with the All Star Director immediately.

Competitions

The Competition Schedule is released early each season to help families better prepare for the months to come. Although we do not expect changes to the schedule, unforeseen circumstances may lead to a change in event (i.e an Event Producer changes a date, cancels the event, etc.). Changes to the competition schedule are handled on a case-by-case basis.

Every competition is required. Unlike other sports, there is not a bench to pull in an extra teammate for a performance. In addition, the routines are choreographed to the strengths of each particular team of individuals. Any missing team member can have a detrimental effect on the success of the team as a whole. This sometimes means making travel arrangements with a teammate's family to make sure the participant is at competition even when the family can not be there, performing under the weather, or a multitude of other unforeseen circumstances. In any situation, we do our best to find solutions to the problems that arise. In all cases, parents are expected to be part of the solution. Learning to "roll with it" is one of the many great lessons All Stars can teach.

Code of Conduct

Participation in the All Star program is a commitment to the values and expectations set by Cheer Force One. All Star participants are expected to set a positive example inside and outside of the gym and be role models within their communities. By being a member of the All Star program, you are a representative of the CF1 brand.

We work to keep open communication with parents with any red flag. The goal is to work together to keep each child headed in the right direction and making the best decisions for the future. In the event a proactive plan can not be agreed upon or proves to be unsuccessful, a child may be removed from the program for poor conduct. There have also been occassions where a family has been dismissed from the program due to a parent's conduct. The best interests of the program as a whole are always the priority in these cases.

Cheer Force One has a zero tolerance policy for underage drinking or drug use of any kind. Participants found to be violating this policy are removed from the program.

Sportsmanship also plays a major role in the unity of the Cheer Force One program. Speaking or posting online negative comments about a coach, team, team member, decision, result, or event can be considered grounds for dismissal.

There will be tough days as your child works through obstacles and faces challenges. These are crucial to your child's development. The support of each participating family is important to keeping a positive, nurturing environment for your child. All questions and concerns should be brought to the attention of the coach/All Star Director in a timely manner so we can work toward a solution. Our goal is for Cheer Force One and the All Star program to be a positive experience for everyone involved - the work is worth it!

2023-2024 Pricing

Registration Fees

To be considered for the All Star program, students must be members in good standing. If you are new to Cheer Force One, there is a $35 family registration fee due to be a gym member. This is a one-time fee so long as the account stays in good standing. The evaluation fee is $40 per student.

Monthly Fees

The All Star Tuition is a monthly fee similar to tuition for a recreational class. The monthly fee covers participation in the All Star program, team practices, and required team events (clinics, camps, etc.). Monthly fees are billed June-April (11 months). All Stars receive a discounted rate on recreational classes. The discounted rate is based on the Tumble Academy additional class rate.

	Monthly Membership Fee
Youth, Junior, Senior Teams	$239
Tiny, Mini Teams	$199

Uniform Fees

Each All Star is required to puchase a uniform. Uniforms typically are on a two-year cycle. The 2023-2024 season will be the first year of a new uniform.

The uniform requirements include the Competition Uniform (top/bottom) and Competition Bow (Female athletes only). The full uniform package cost is $375 for female athletes and $245 for male athletes.

Female Athletes	Male Athletes
JULY 1: $200 Deposit Due (non-refundable)	JULY 1: $150 Deposit Due (non-refundable)
AUGUST 1: $175 Balance Due (non-refundable)	AUGUST 1: $95 Balance Due (non-refundable)

All fees are subject to late fees if unpaid by the 10th of the each month.

Additional Fees (Youth, Junior, Senior)

This year we are committing our Youth, Junior, and Senior teams to The Open in Orlando, FL as our end of year event. This event takes place at the end of April. The registration fee for this event is not included in pricing listed above. As teams earn bids, we will be able to better notify parents of end of season expectations.

Cheer Force One

2023-2024 All Star Registration

Please fill out one form **per participant**.
This registration packet is required before an Evaluation can be completed. If you have any questions about the program or commitment, please contact the All Star Director before turning in this registration packet.

		TSHIRT SIZE (CIRCLE):		SHORT SIZE (CIRCLE):	
Student's Name:		YXS	AXS	YXS	AXS
Birthday:		YS	AS	YS	AS
Parent Over Account:		YM	AM	YM	AM
Parent Phone Number:		YL	AL	YL	AL
Parent Email Address:		YXL	AXL	YXL	AXL
Referred by: (optional)					

Please sign under one of the options listed below:

OPTION 1 [Most Common]: "I am committed to the CF1 All Star Program. Please place my child where you feel they are best suited."

This is the most common option. Your child will be placed on the team we feel they will contribute the most as an individual to create a competitive team.

Signature of Parent Over Account:

_____

OR

OPTION 2: "I am only commited to the CF1 All Star Program if my child is placed on level:

_____ (Age divisions are not levels.)

This is NOT a common option. In the event we are not able to match your child with the LEVEL listed, your child will not be placed on any team.

Signature of Parent Over Account:

_____

ADMINISTRATIVE USE ONLY:

Gym Registration	
Account in Good Standing	
Verified Contact Information	
All Star Reg. Fee Paid	
Signed Agreement (4-pages)	
Parent Meeting	
All Star Evaluation Complete	

QUESTIONS?

Cheer Force One - Mississippi
1511 Government St.
Ocean Springs, MS 39564
228.219.4444
gc@cheerforceone.com

All Star Director
Tara Mansfield
tara@cheerforceone.com

2023-2024 CF1 ALL STAR
Commitment and Financial Agreement

Parent/Responsible Party:	
Address:	
City, State, Zip:	
Parent Phone Number:	
Parent Email Address:	
Driver's License State/Number:	
ATHLETE NAME	

_____ Initials

MONTHLY COMMITMENT: The financial obligation of the All Star Program is an 11-month agreement [June 2023 through April 2024]. Payments are made in monthly installments. By participating in team activities, the family is agreeing to the fees associated with the team. Monthly tuition rates for All Star teams is disclosed prior to registration in the All Star Packet. Teams attending end-of-season events will incur additional costs based on bids received. Parents will be notified of such fees when the information is available.

_____ Initials

PAYMENT POLICIES: Fees are DUE ON THE 1ST of each month. Any account with a balance as of the 11th of the month, including a balance from a previous month, is billed a $25 late fee. It is the responsibility of the Parent/Responsible Party to make on-time payments to avoid late fees. There are no refunds for any payments made or fees billed to the account. Payments can be accepted during posted business hours at the facility in the form of cash, check, VISA, Mastercard, Discover, or American Express. Payments can also be made online through the Parent Portal. A link is provided at the Cheer Force One website. If an account falls behind, including incurring a late fee on the 11th of the month, the athlete may be required to sit out until the account is caught up. If the account remains behind, the family may be removed from the program.

_____ Initials

ADDITIONAL FEES: Monthly fees do not include the Uniform Package. The Uniform Package deposit is billed July 1st (see All Star Packet for details). The Uniform Package balance is billed August 1st. The "Payment Policies" listed above apply to these fees, as well. Travel costs, cheer shoes, and makeup are the responsibility of the parent/family. When available, Cheer Force One will offer promotions from select vendors to help reduce these additional fees for families.

_____ Initials

CONTRACT TERMINATION FEE: If an athlete is removed from the program by choice or consequence after being placed on a team, the Parent/Responsible Party is responsible for any outstanding balance on the account, including the current month's fees, in addition to a $500 contract termination fee per athlete. This fee applies if a child does not finish the competitive season even if the 11-month financial agreement has been met. If a balance remains on the account 10 days after separation

Parent/Responsible Party:	
ATHLETE NAME	

from the All Star Program, the account is turned over to a third party for collection purposes. Any fees incurred for collecting a debt will be added to the account and are the responsibility of the Parent/Responsible Party. For this reason, we encourage settlement at the time of separation. Open communication is necessary at all times.

_____ Initials

AGREEMENT IN EFFECT: Once an athlete completes the evaluation process and is placed on a team, the athlete is considered a member. **There is no grace period before the terms and conditions of the program are in effect.**

_____ Initials

DISCOUNTS AND PROMOTIONS: All Star accounts are eligible for discounts on classes at Cheer Force One. Classes are subject to the recreational class program policies and do not start or end with the All Star season. **Sibling discounts** are available for any family with more than one child in the All Star program. The sibling discount is $40 per additional child. Cheer Force One also utilizes a **Bonus Bucks** program to reward families who pay towards the season in advance. Bonus Bucks payments once paid are non-refundable. Any payment made of $2,000 or more between June 1st and June 10th in the form of cash or check will receive an additional 10% credit on their account in the form of Bonus Bucks (7% if paid using a credit card). This credit can be used for any gym expenses including monthly tuition, private lessons, camps, clinics, Uniform Package, Pro Shop items, etc.

_____ Initials

APPAREL: Each All Star is provided one of any required practicewear item for the season. It is the responsibility of the parent to help participants keep track of the practicewear and wear it at appropriate times. In the event practicewear becomes lost/stolen/misplaced, additional sets may be purchased through Cheer Force One if available. Parents will be required to pay the current pro shop rate for any apparel to keep the All Star in appropriate attire. You are encouraged to write your child's name inside the practicewear you receive.

_____ Initials

TUMBLE ACADEMY CLASSES: Due to enrollment demands, a recreational tumbling class is not automatically included in All Star membership. Classes can be added at the "Additional Class" rate.

_____ Initials

MEDICAL TERMINATINON: Any athlete who is injured and unable to complete his/her season will need a doctor's note stating such. Any fees paid/due are non-refundable and considered owed. In these situations, the contract termination fee is not applied.

_____ Initials

RESPONSIBLE PARTY: The Parent/Responsible Party listed on this form and signing for financial responsibility is fully responsible for the account payments. We do not entertain "split accounts" due to divorce or other circumstances.

2023-2024 CF1 ALL STAR
Commitment and Financial Agreement

Parent/Responsible Party:	
ATHLETE NAME	

_____ Initials **SPORTSMANSHIP**: Sportsmanship is a key part of any sports program, including All Stars. The commitment to the All Star program includes the commitment of the participating child and parent(s)/ guardians, in addition to any friends or relatives who play a role in the athlete's participation to the program. All parties are expected to be supportive and respectful of Cheer Force One; its directors, coaches, staff, and athletes; and any affiliated parties, including event producers/staff, apparel representatives, and similar individuals. Failure to comply to this policy may result in the removal of the child/family from the program at the All Star Director and/or owner's discretion.

_____ Initials **COMMUNICATION**: In order to run a successful program, communication is key. Cheer Force One utilizes emails, phone calls, handouts, Facebook Groups, website updates, and team texts to help make sure the proper information is delivered to families. It is the parent's responsibility to make sure questions, comments, and concerns are all directed to the appropriate party. The coach and All Star Director are the appropriate individuals to contact in every situation. Please note, we will not discuss with you children who are not your own. Social media is not a proper forum to air grievances with the program. A child may be removed from the program due to comments viewed as negative by the child or parent - this includes online posts - whether the program is explicitly named or not.

_____ Initials **ABSENCES: Attendance is crucial to the success of the program. All team practices, clinics, camps, events, and competitions are mandatory. There is no such thing as an "excused" absence. All absences (sick, social events, school events, etc.) count the same. Any known future absence should be communicated to the gym at least 2 weeks in advance. Absences should be limited to no more than 2 in the Fall, no more than 2 in the Spring, and never the week of competition.**

<u>Any</u> absence may result in the removal from routine elements. <u>Any</u> absence may lead to removal from the program. These situations, along with all absence situations, are handled on a case-by-case basis. The All Star Director reserves the right to handle each situation at her discretion. The program comes first in all situations.

_____ Initials **CHOREOGRAPHY**: All choreography and routine placement is subject to change at anytime based on the needs of the team. These changes are made at the discretion of the coaches and All Star Director.

_____ Initials **COMPETITIONS**: Missing a competition is inexcusable. Dates of competition events are provided to families at the beginning of each season for this reason. Until the week of an event, we do not know the specific time of performances. Parents are expected to plan in advance for all potential scenarios. Missing an event may lead to dismissal from the program at the All Star Director's/owner's discretion. Any foreseeable conflicts need to be communicated to the All Star Director at the first available opportunity. Attending every competition is part of your commitment to the All Star Program.

2023-2024 CF1 ALL STAR
Commitment and Financial Agreement

Parent/Responsible Party:	
ATHLETE NAME	

_____ Initials **PARENT FIRST:** The role of the parent in an All Star's journey is to be a beacon of love and support. Experience has proven children excel when there is unconditional love from the parent/guardian. Please allow the coaches to be the coaches. All Stars are encouraged to speak to coaches directly about issues and concerns at practices/events. Coaches will contact parents when issues arise and when contact is warranted to help a child reach his/her potential or become a better teammate. Please address any issues you may have with the coach or All Star Director directly.

_____ Initials **PARENT VIEWING AREA:** The parent viewing area is closed at all weekend practices. Team choreography, camps, and clinics is always closed to parent-viewing. The All Star Director informs parents of any exceptions to this policy and any additional closings of the area. Please use the parent viewing area as an opportunity to watch your child work through challenges, see progressions, and meet other parents in the program. If the parent viewing area becomes a source of negativity, concern, or distraction, Cheer Force One Management reserves the right to close it at any time.

_____ Initials **BRANDING/COMPANY IMAGE:** The Cheer Force One NAME and LOGOS are trademarked and any use of the name or logos (apparel, online, printing, etc.) without written consent of the owner is forbidden. In addition, any All Star member who acts (physically, verbally online, etc.) in a manner viewed as potentially damaging to the Cheer Force One brand will be removed from the program. Parents are not permitted to represent "Cheer Force One" in any capacity, this includes personal fundraising.

_____ Initials **FORCE MAJEURE:** Should any circumstance prevent the All Star season or events of it from happening at any point, the program will be adjusted accordingly. A temporary closing of the gym or the inability to attend events does not constitute a termination of this contract. Any financial proration is at the discretion of the owner.

This Commitment and Financial Agreement is an agreement between Cheer Force One, LLC and the respective party listed above. The terms of this agreement are non-negotiable. By signing this document, the respective party agrees to the terms of the All Star Program as listed in this Agreement and the current season's All Star Packet. Signing constitutes an understanding of the terms and policies. This contract is in effect from the date signed through May 15, 2024.

SIGNATURE (Parent/Responsible Party) DATE

PRINT NAME (Parent/Responsible Party) PRINT NAME (Child/All Star)